

WOMAN

OCTOBER 2016

Q&A:
**BREAST CANCER
RECONSTRUCTION**

**THE DIRTIEST JOBS
IN TOWN AND THE
WOMEN DOING THEM**

**GEORGIA
PELLEGRINI**
THE MODERN PIONEER



RUSTIC RETREAT

Reclaim your space with rugged refinement.

As autumn arrives and the temperature falls—even if only to dip below 70 degrees—the cozy comforts of the indoors begin to beckon. What better way to enjoy the warmth of the season, especially before the holiday hullabaloo takes over, than by nestling in a nook or snuggling under the

covers? *Austin Woman* asked Annie Downing of Annie Downing Interiors, who opened her Central Austin showroom in July, to tell us how she uses the subtleties of rustic charm to craft a dreamy hideaway for the hearth and home.

— *Emily C. Laskowski*



PAINT PICK



Day's End (2133-30),
benjaminmoore.com

IN THIS ROOM

- ❖ Custom Roman shade from Schumacher
- ❖ Bedding, sconce and side table from Restoration Hardware
- ❖ Rug from Dash & Albert
- ❖ Custom headboard from Revival Supply Co.
- ❖ Antler, client's own

GET THE LOOK



Emmerson reclaimed-wood bed in chestnut,
westelm.com

White deer head wall mount with bronze antlers,
whitefauxtaxidermy.com



Urban Barn galvanized wall light,
lampsplus.com

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“Rustic is a casual, rugged, natural elegance. This can be achieved by using natural materials, soothing palettes and relaxed furnishings. While traditionally, rustic might have appeared heavy and dark, a contemporary version is quite the opposite. Incorporating rustic beams and antique or reclaimed hardwood floors is definitely a trend right now.” —Annie Downing



VARIOUS TEXTURES

“Various textures, like the wood and metal shown here, give a room dimension, which is key to creating an interesting room,” Downing says. “A rustic, reclaimed-wood headboard gives this room a sense of warmth. Bedding in different textures, like linen, wool and canvas, also add dimension and visual appeal. The bedside table is steel with brass knobs, adding another material to the mix. Don’t be scared to mix non-shiny metals and finishes either. Toss a cashmere throw on a sofa and add a wood coffee table. Woven, flat weave, hide and natural rugs, like jute, work great too.”

NEUTRAL COLORS

“Gray and brown are actually perfect complements,” Downing says. “The neutral colors keep the room casual yet refined. Dark-gray walls create a cozy and enveloping feel. This room still gets enough natural light, so it never feels too dark. A dark paint color creates the perfect environment to cozy up in during colder weather.”

ARCHITECTURAL ELEMENTS

“It’s important for the eye to bounce around so that it doesn’t get bored,” Downing says. “Add height by using books or boxes beneath some objects and place other items at lower levels too to maintain that visual interest.”

NATURE-INSPIRED ACCENTS

“Adding a chunky, nature-inspired piece like a bench helps to ground the space and adds extra seating at the end of a bed,” Downing says. “Woven baskets can be both pretty and utilitarian. They add another layer of design. Use them to fold blankets in by a fireplace or for logs. Use small baskets on a coffee table to hold remote controls.”

SOMETHING PERSONAL

“Always inject something personal into a space,” Downing adds. “Add photographs, art, books, an interesting ceramic piece, a horn dish or a beautiful piece of driftwood. Antlers and animal heads are typical wall décor for a rustic room, and even better when they have personal meaning.”